## Starters

(df) dairy free - (v) vegetarian - (vv) vegan - (gf) gluten free - gluten free pasta available on request

| Bruschetta Pomodoro (df-v-vv) | $£ 6.50$ | Cozze al Pomodoro (dt-gt) £8.50 |
| :---: | :---: | :---: |
| With chopped tomato, basil, garlic \& olive oil |  | Mussels in tomato, garlic, chilli \& white wine |
| Funghi al Marsala (v) | $£ 8.00$ | Gamberoni (dt-gf) £I3.00 |
| Mushrooms in Marsala wine and cream- |  | Peeled king prawns in garlic, white wine \& chilli |
| Polpette (df) | $£ 7.50$ | Melenzane Parmiggiana (v-gf) £9.00 |
| Homemade meatballs in a spicy tomato sauce |  | Grilled aubergine filled with mozzarella, parmesan cheese, rolled and baked in tomato $\&$ oregano sauce |
| Bianchetti Fritti | $£ 7.50$ |  |
| Deep fried white bait served with garlic dip |  | Funghi con Aglio (df-vv-v ) £7.00 |
|  |  | Mushrooms in garlic sauce |
| Brie Fritto | $£ 8.00$ |  |
| brie cheese coated in breadcrumbs, |  | Zuppa di Vegetali (dt-vv-v) £7.00 |
| deep fried $\&$ served with cranberry sauce |  | Vegetable Soup |
| Calamari Fritti | $£ 9.00$ |  |

calamari rings coated in panco crumbs, and deep fried, served with garlic dip

## Main Course

All meat and fish dishes are accompanied with a side of Sauted Potatoes and Vegetables

| Agnello al Miele £23.00 | Tuna al Balsamico (df-gf) £20.00 |
| :---: | :---: |
| Welsh best end of lamb, cooked in red wine mint \& honey | In balsamic vinegar, garlic, basil \& cherry tomato |
|  | Sogliola al Gambero (gf) £24.00 |
| Pollo alla Crema (gt) £I6.50 | Fillet of lemon sole cooked with peeled king prawns, |
| Breast of chicken cooked with mushrooms, parsley, onion \& cream | chives \& cream |
| Pollo Cleopatra (gf) £I7.50 | Risotto Vegano (gf-v-vv-df) £I6.00 |
| Breast of chicken cooked with gorgonzola cheese asparagus, onions and cream | Arborio rice cooked with roasted peppers asparagus, onions, cherry tomato \& basil |
| Bistecca ai Ferri 8oz £22.00 | Risotto Mare e Monti (gf-df) £I8.00 |
| 8oz Sirloin Steak | Arborio rice cooked with mushrooms, king prawns, mussels, garlic, chilli \& cherry tomato |
| Steak Sauce $£ 3.00$ | Tagliatelle al Tartufo Estivo £I9.00 |
| Diana - mushroom, onion, red wine, tomato \& cream | black summer truffle, garlic, anchiovies, |
| Pepe Nero - black peppercorn, onion, red wine \& cream | parmesan cheese, rosemary and cream |

## Lasagne al Forno

Meat lasagne, traditional recipe
Penne con Nduja (Very Hot!!)
Pasta tubes cooked with garlic, basil, very spicy salami \& tomato

Spaghetti Bolognese
cooked with onions, carrots, mince beef basil and tomato

Spaghetti al Gambero (df)
Cooked with peeled king prawns, garlic, chilli, cherry tomato \& basil

Spaghetti con Spigola (dt)
£18.50
Pan fried fillet of sea bass, cooked with garlic,
white wine \& tomatoes on a bed of spaghetti
Spaghetti Pescatore (df)
Cooked with peeled king prawns, mussels,
clams, garlic, chilli, tomato \& basil
£15.00
£I5.00
£I5.00

$£ 17.50$21.50

Spaghetti Cosa Nostra (df)
Cooked with bacon, chicken, garlic, chilli \& tomato
Penne Spezzatino (df)
£I7.50
Pasta tubes cooked with strips of beef, onions, garlic, basil \& cherry tomatoes

Tagliatelle Asparagi Gamberoni
£18.50
Cooked with peeled king prawns, garlic, asparagus, cherry tomato \& cream

Penne al Salmone
£15.00
Cooked with smoked salmon, onions, chives \& cream

## Pizza

£I3.00 Pizza Tropicale
£I6.00
Tomato, mozzarella, ham, mushroom \& pineapple
£16.00 Pizza Prosciutto \& Funghi
$£ 15.00$
Tomato, mozzarella, ham \& Mushrooms
£16.00
Tomato, mozzarella, chargrilled peppers, courgette, asparagus \& mushrooms
Pizza Vegana (v-vv) £I7.00
Tomato, vegan cheese, grilled courgette, peppers asparagus \& cherry tomato
Pizza Naomi $£ 20.00$
Tomato, mozzarella, topped with rocket, cherry
Tomato $\&$ garlic king prawns

Pizza Roméo
Tomato, mozzarella, ham \& olives
Pizza Primavera $£ 16.00$
Tomato, mozzarella topped with rocket, cherry tomato, extra virgin olive oil \& parmesan shavings
Piza C. CI8.00
Pizza Cinque Carne
£18.00
Tomato, mozzarella, salami, pepperoni, chorizo, ham, bacon \& drizzled with barbeque sauce
Pizza Picante (Very Hot!!)
£I6.00
Tomato, mozarella, chilli and nduja (Spicy salami)

## Pizza Bianca

£I7.00
White pizza with mozzarella, gorgonzola, parmesan cheese and a touch of cream

## Side Dishes

Garlic bread $£ 2.00$ - Bread \& Butter $£ 1.50$
Mixed Salad $£ 3.50$ - Mixed Olives $£ 3.50$
Garlic bread with cheese $£ 3.00$ - Chips $£ 3.50$
Tomato \& Onion Salad $£ 3.50$

