

Romeo's by the Sea - Penarth

Telephone 02920 703428 - Take away menu

(df) dairy free - (v)Vegetarians - (vv)Vegan - (gf)Gluten free - (Gluten free pasta available)

Sides

Chips £2.50 - Garlic Bread £1.50 - Garlic Bread with Cheese £1.95

Tomato & Red Onion Salad £2.95 - Marinated Mixed Olives £2.95

Starters

Bruschetta pomodoro (df)(v)(vv) With chopped tomato, basil, garlic & olive oil ... £4.00

White Bait (with garlic dip) £5.00

Mushrooms in Garlic Sauce (df)(v)(vv)(gf) £5.00

Caprese (v) mozzarella & sliced tomato, dressed with basil oil £5.00

Calamari Fritti Deep fried squid rings served with garlic dip £6.00

Caponata(df)(v)(vv)aubergine, onions, celery, olive, capers, cooked in a sweet and sour sauce£6.00

Gamberoni(df)(gf)Peeled king prawns, cooked in garlic, white wine flavoured with chilli £8.00

Polpette meatballs in garlic, basil & tomato sauce.....£5.00

Main Course

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| <i>Spaghetti Bolognese (df) traditional recipe</i> | <i>£9.00</i> |
| <i>Lasagne al Forno meat lasagne</i> | <i>£9.00</i> |
| <i>Penne Polpette (df) cooked with garlic, meatballs & tomato</i> | <i>£9.00</i> |
| <i>Spaghetti Carbonara with black peppercorn, bacon, egg yolk, cream & parsley</i> | <i>£9.00</i> |
| <i>Spaghetti cosa nostra (df) cooked with garlic, chilli, bacon, chicken and tomato</i> | <i>£10.00</i> |
| <i>Spaghetti Olive & Capperi (v)(vv)(df)</i> | <i>£9.00</i> |
| <i>with garlic, chilli, olive, capers, oregano & tomato</i> | |
| <i>Penne con Salsiccia (df) with italian fennel seed sausage, garlic, basil & tomato</i> | <i>£9.00</i> |
| <i>Penne Boscaiola (v)(vv)(df)</i> | <i>£9.00</i> |
| <i>with peppers, mushrooms, onions, peas, basil & cherry tomato</i> | |
| <i>Penne Spezzatino (df) with strips of beef, onions, garlic, basil & tomato</i> | <i>£12.00</i> |
| <i>Spaghetti al Gambero (df) with peeled king prawns, garlic, chilli, and cherry tomato</i> | <i>£12.00</i> |
| <i>Penne al Salmone with smoked salmon, onions, chives & cream</i> | <i>£11.00</i> |
| <i>Penne Pollo & Piselli.....</i> | <i>£9.00</i> |
| <i>With onions, chicken, peas, basil & cream</i> | |

Homemade Desserts

Tiramisu' £5.00---Strawberry Cheese-Cake £5.00